



Athletics Federation of I.R. Iran

Youth National Outdoor Records

Date	Place	Name	Record	Event
27/07/2018	Tehran	Sanaz Amiri Pour	12.21	100m
20/08/2006	Tehran	Maryam Tousi	24.76	200m
05/09/2017	Tehran	Maryam Mohebbi	55.85	400m
03/10/2020	Tehran	Hadiseh Raouf	2:15.93	800m
15/03/2019	Hong Kong	Hadiseh Raouf	4:36.14	1500m
25/09/2020	Tehran	Hadiseh Raouf	10:45.48	3000m
17/02/2019	Bandar Abbas	Fatemeh Sima Shadkam	7:29.86	2000m SC
09/07/2021	Shahre Kord	Azhin Ghaderi	15.14	100m H
04/09/2022	Tehran	Nazanin Fatemeh Eidian	1:01.42	400m H
04/09/2022	Tehran	Nazanin Fatemeh Eidian, Elnaz Mousaei, Melina Mohammadian, Ava Sia Mansouri (Tehran)	2:23.94	Relays (100,200,300,400)
25/09/2020	Tehran	Fatemeh Mohitizadeh	1.66	High Jump
10/04/2017	Shiraz	Reihaneh Mobini	5.90	Long Jump
25/08/2020	Tehran	Sarina Saedi	12.68	Triple Jump
22/07/2019	Tehran	Fatemeh Khodaei	3.30	Pole Vault
03/09/2022	Tehran	Elaheh Alizadeh	13.78	Shot Put
14/09/2019	Tehran	Mahla Mahrooghi	45.87	Discus Throw
31/08/2022	Tehran	Mana Hosseini	40.99	Javelin Throw (600g)
04/09/2022	Tehran	Mana Hosseini	42.06	Javelin Throw (500g)
03/09/2022	Tehran	Melika Norouzi	61.25	Hammer Throw
03-04/09/2022	Tehran	Elnaz Mousaei	4437	Heptathlon
09/07/2021	Shahre Kord	Saba Farmanpour	30:15.14	5000m Race Walk